

MARY E. KLEMM
Total Body Rehab
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**CONTINUING
EDUCATION:**

- 05/12 Gait Training for Runners: Bringing Research into Clinical Practice to Aid Rehabilitation, Thomas Burns, MPT, OCS, CSCS (Live Webinar)
- 03/12 Effective Examination and Treatment Techniques for the Foot and Ankle, Jim Keiler, Ph. D, PT, CMT, CDE, CWCE, CRA (Raleigh, NC)
- 02/12 Effective Examination of the Shoulder Complex: New Advances, John W. O'Halloran, DTP, OCS, certified MDT, ATC, CSCS and Joe Mullins, M. Ed, LAT, ATC, ACI (Raleigh, NC)
- 12/11 Medicare 2012 – The Year Ahead, APTA, Steve Levine, PT, DTP and Gayle Lee, JD (Audio Conference)
- 04/11 Weight Training for Rehab, Function and Fitness, International Weight Lifting Association, Michele Greene, PT (Charlotte, NC)
- 02/11 Cash-Based Services in Physical Therapy Practice, APTA (Audio Conference)
- 02/11 Outpatient Therapy, CPT Coding, Billing and Documentation for Rehabilitation for Rehabilitation Reimbursement, Rick Gawenda, PT (Durham, NC)
- 01/11 Medicare in 2011: What's New for Physical Therapy, APTA, Steve Levine PT, DPT, MSHA; Gayle Lee, JD (Audio Conference)
- 04/10 Pelvic Rotator Cuff, Low Back, SI, Hip, Knee and Ankle, Phoenix Seminars, Live Webinar, Janet Hulme, MA, PT
- 12/09 Medicare 2010 – What's on the Horizon for Physical Therapy, APTA (Audio Conference)
- 11/09 Clinical Geriatric Orthopedics, Great Seminars and Books, Inc, Carol B. Lewis, PT, DPT (Raleigh, NC)
- 10/09 Achieving Optimum Therapeutic Exercise Outcomes: Effective Techniques for Upper and Lower Body Strength: Cross Country Education, Chad Hensel, PT, DPT, CSCS (Raleigh, NC)
- 04/09 Pelvic Pain and Low Back Pain, Phoenix Seminars, Live Webinar, Janet A. Hulme, MA, PT
- 03/09 Continuing Competence: Are You Ready, APTA, (Raleigh, NC)
- 05/08 Physical Therapists and Medicare: Getting It Right, APTA (Audio Conference)
- 03/08 Functional Rehabilitation of the Shoulder, Northeast Seminars, Sandy Burkhart, Ph. D, PT (Raleigh, NC)
- 09/07 Cranio Sacral II Workshop, Tad Wanveer, LMBT, CST-D (Cary, NC)
- 09/07 Osteoporosis Awareness and Prevention of Osteoporosis Using Method Pilates, Physicalmind Institute (Online)
- 02/07 Gait Workshop, Physicalmind Institute (Online)
- 12/06 Total Motion Release II, Tom Delanzo Baker, MPT, (Raleigh, NC)
- 08/06 CranioSacral Therapy Level II Workshop, The Upledger Institute, Charles Gilliam, LMT, CST-D (Washington, DC)
- 04/06 When The Foot Hits The Ground . . . Everything Changes – Level I, Tony Alexander (Raleigh, NC)
- 07/05 CranioSacral Therapy Level 1 Workshop, The Upledger Institute, Luvia Jane Swanson, DC, CST-D (Raleigh, NC)
- 01/05 Coding and Reimbursement For Outpatient Physical Therapy Services, APTA (Durham, NC)
- 11/04 Total Motion Release (continuation), Tom Delanzo Baker, MPT (Raleigh, NC)
- 09/04 Total Motion Release I, Tom Delanzo Baker, MPT (Raleigh, NC)
- 05/04 Evidence Based Approach to Conservative Management & Treatment of Intervertebral Discs & Other Mechanical Disorders of the Lumbar Spine, Forest Hills Institute for Back Pain, C.K. Fernanco, PT (Duke University, Durham, NC)
- 09/03 Functional and Pathological Pelvic Dynamics in the Immediate Relief of Back Pain, Northeast seminars, Richard Dontighy, PT (Durham, NC)
- 12/02 Coding & Billing For Therapy & Rehab, Cross Country University (Raleigh, NC)
- 09 - 11/02 Concentration 101: TheMethod® Pilates, Physicalmind Institute (Raleigh, NC)
- 02/02 Initiation 101: TheMethod® Pilates, Physicalmind Institute (Raleigh, NC)

- 01/02 Mulligan Concept – Spinal and Peripheral Manual Therapy Techniques of Brian R. Mulligan, David Mikos (Cary, NC)
- 01/02 The Complicated Patient – Treatment Strategies To Successfully Manage Difficult Patients, Northeast Seminars, Kevin Wilk, PT (Charlotte, NC)
- 06/01 Cervical Stabilization and Atlas-Axis Mobilization –NMT 8, Paul St. John (Cary, NC)

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- 04/01 Maitland Australian Approach MT-3 Intermediate Spinal, Robert Sprague (Raleigh, NC)
- 04/01 An Introduction to Pilates, International Weightlifting Association (Durham, NC)
- 03/01 Maitland Australian Approach MT-2 Basic Spinal, Robert Sprague (Raleigh, NC)
- 11/00 St. John Neuromuscular Therapy Seminars – NMT 3, Paul St. John (Cary, NC)
- 07/00 Effective Orthopedic Intervention, Theresa Mc Nerney, PT (Raleigh, NC)
- 04/99 Mind-Body Healing, Nancy Schmidt, LMT, RN (Hershey, PA)
- 10/97 Health, Healing and Laughter, Paul McGhee, Ph.D. (Madison, NJ)
- 11/96 Advances in Knee and Shoulder Rehabilitation, Tab Blackburn, PT, Steven Tippit, PT, Michael Voight, PT (Newark, NJ)
- 10/96 Mulligan Manual Therapy Techniques--Part II: Lower Extremity, Lumbar and Thoracic Spine, Wayne Rath, PT and Frank Previte, PT (Pompton Lakes, NJ)
- 10/95 Musculoskeletal Evaluation and Treatment With Emphasis on Standardizing Basic Muscle Length and Strength Tests, Florence Kendall, PT (East Rutherford, NJ)
- 09/94 Myofascial/Osseous Integration, John Barnes, PT (King of Prussia, PA)
- 04/92 Unlocking the Mysteries of Chronic Myofascial Pain: A Systematic Approach, Janet G. Travell, MD (West Orange, NJ)
- 05/91 Low Back Pain and the Disc, New York Chiropractic College (East Rutherford, NJ)
- 02/90 Myofascial Release Techniques, AREN
- 12/88 Myofascial Release, John Barnes, PT (New York, NY)
- 03/85 Seminar in Orthopedic Medicine-Cyriax Approach to Cervical Spine, Shoulder & Elbow, Leonard Pare, PT and Russell Woodman, PT (West Orange, NJ)
- 03/84 Nutrition and Athletes (New York, NY)
- 05/83 First Garden State Orthopedics and Sports Medicine Conference (E. Brunswick, NJ)
- 08/82 Cybox--New Products Seminar (Playa Blanco, Mexico)
- 05/82 Spinal Cord Injury (Hershey, PA)
- 03/82 Physical Performance and the Female, Council on Sports Services and Medicine (West Point, NY)
- 11/81 Rehabilitation of the Brain Injured Adult (E. Orange, NJ)
- 07/81 Electrotherapy, Joseph Kahn, PT (Edison, NJ)
- 04/81 Dance and Other Related Sports Injuries, Marika Molnar, PT (Englewood, NJ)

LICENSURE: December 1980 State of New Jersey
 November 1998 Commonwealth of Pennsylvania
 April 2000-Present State of North Carolina

PROFESSIONAL MEMBERSHIP: APTA (American Physical Therapy Association)

CERTIFICATION: Pilates Instructor (Physicalmind Institute)